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Objectives & Methodology

How do women feel about their money? Their work? Their futures? A Recession?

After years of making progress on closing gaps, climbing ladders and shattering ceilings, we're learning (and hearing) how the pandemic has set women back. It's why HerMoney and the Alliance for Lifetime Income went straight to the source to survey The State of Women in 2022.

Our Goal: Determine how women are really feeling — especially when it comes to their finances.

METHODOLOGY

Chapter 5 of The State of Women 2022 is based on an online study conducted in October of 2022 of over 1,100 women who are members of the HerMoney community. They range in age from 18 to 75, most are college educated and employed full time. Nearly two-thirds are married or partnered.

Throughout this report numbers are rounded to the nearest whole number and may not sum to 100%.



Meet the HerMoney Community

An engaged group of problem-solvers, and proud of their financial accomplishments.

- Over 1,100 female members from the HerMoney community.
- ► They represent a broad mix of ages and stages:
 - > 27% are Millennials, ages 25-44
 - > 32% are Gen X, ages 45-54
 - > 39% are Boomers, ages 55-74
- ► They're highly educated: **49%** have graduate degrees.
- They're affluent: 40% have annual household incomes of \$150,000 or more 25% have incomes of \$200,000 or more.
- ► They have money to invest: **67%** have household investable assets of **\$250,000** or more **26%** have more than \$1,000,000.
- 52% are married and another 11% are in committed relationships, while 16% are single (never married),
 16% are divorced and 5% are widowed.



Top Findings

Ninety-two percent plan to maintain or increase their 401(k) and IRA contributions even if the U.S. enters a recession.

01

Two-thirds of women see a U.S. recession ahead, but plan to double-down on retirement savings

02

Women seek control of the purse strings—and clock

03

Working women are willing to make short-term trade-offs for their financial futures

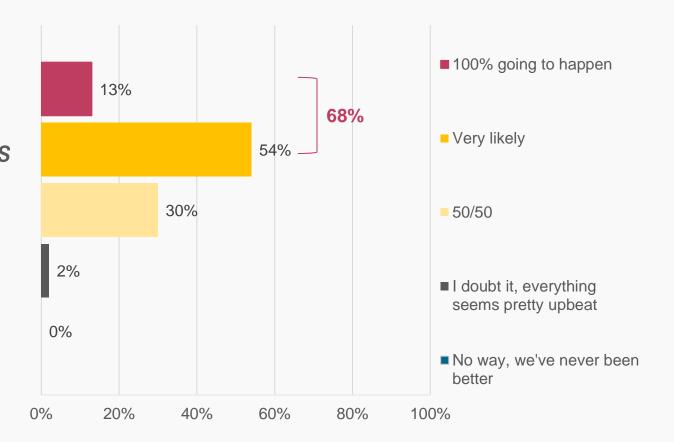
Insight 1

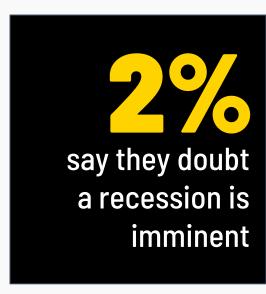
Two-thirds of women see a U.S. recession ahead, but plan to double-down on retirement savings

Sixty-eight percent of women see a U.S. recession ahead.

Q.

What are America's chances of a recession before the end of the year?





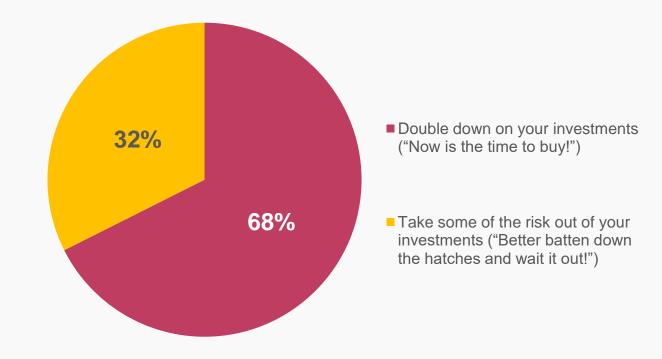


Over two-thirds of women plan to double down on investments during an economic slump.

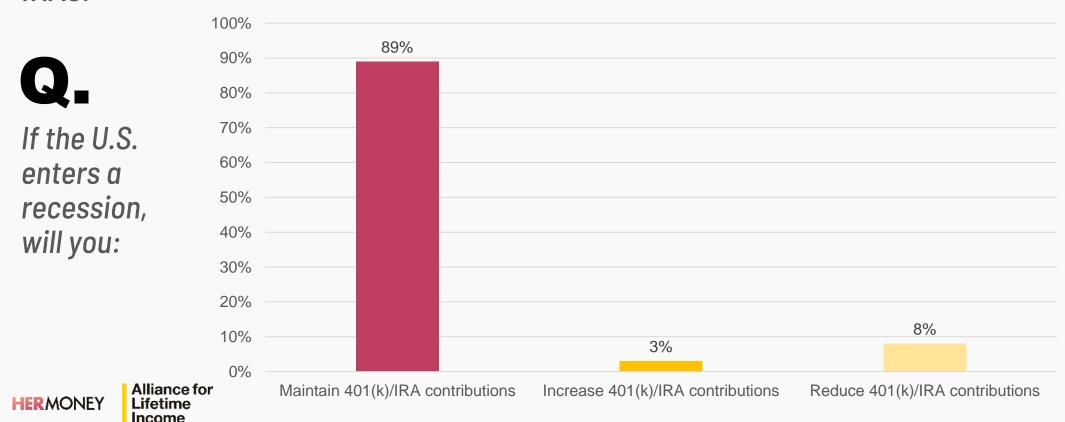


When the country is in an economic slump, do you...

Double Down vs. Batten Down the Hatches



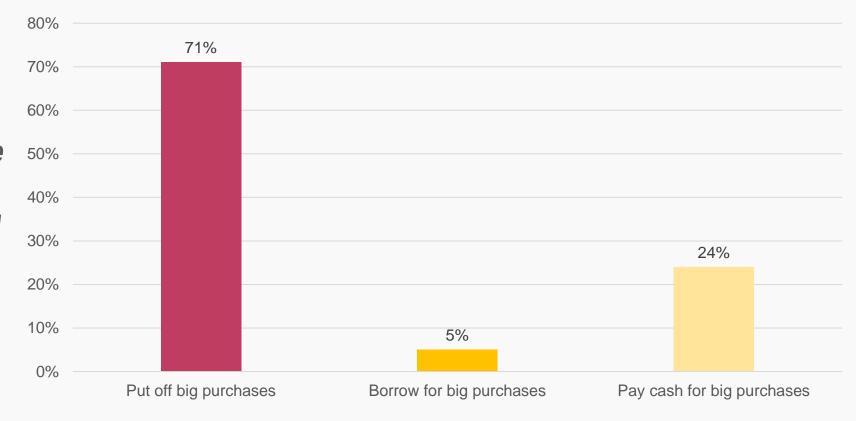
Despite a cloudy outlook, 92 percent of women plan to maintain, or even increase, their contributions to retirement accounts including 401(k)s and IRAs.



If the U.S. enters a recession, women are willing to be conservative elsewhere.

Q.

In terms of big purchases in the coming year, if the U.S. enters a recession, will you:

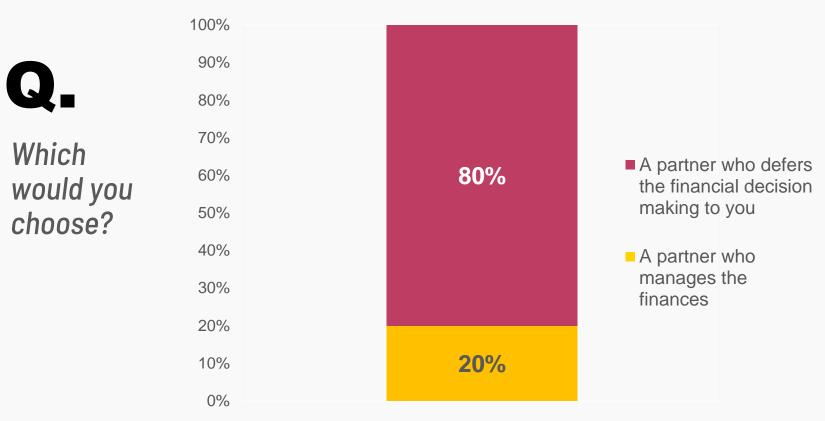






Women seek control of the purse strings—and clock

Four out of five women prefer making the financial decisions themselves versus deferring to a decision-making partner.

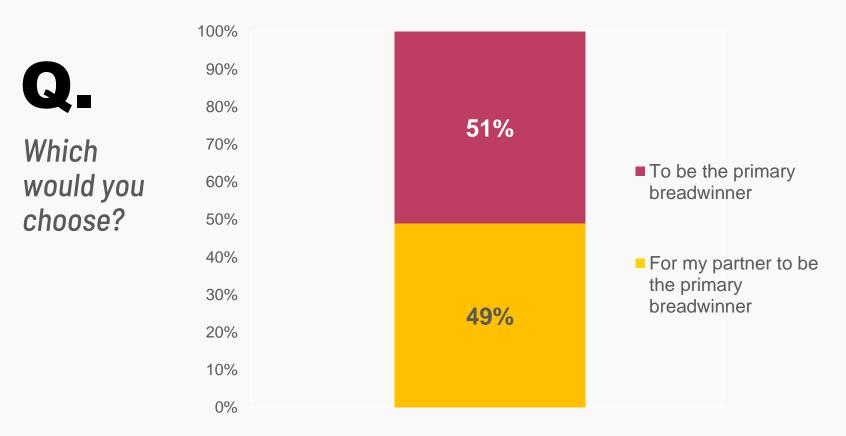


This belief is consistent whether currently partnered or single:

81% Partnered
79% Single

Women seek control of the purse strings—and clock

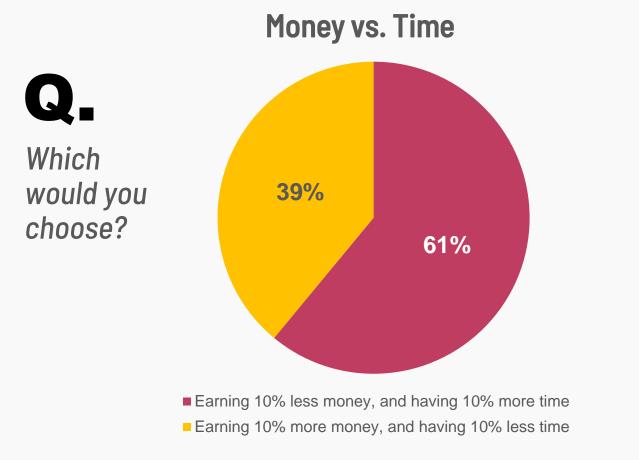
However, they don't mind sharing the breadwinner role.



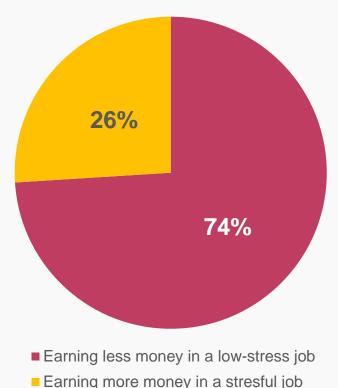
This belief is consistent across generations:
48% of Millennials
52% of Gen Xers
47% of Boomers

Women seek control of the purse strings—and clock

Women are also overwhelmingly focused on taking control of their time.



Money vs. Stressful Job

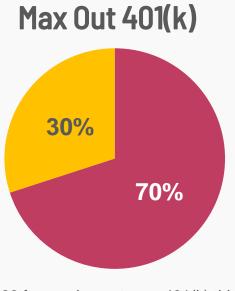


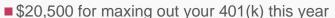


Working women are willing to make short-term tradeoffs for their financial futures

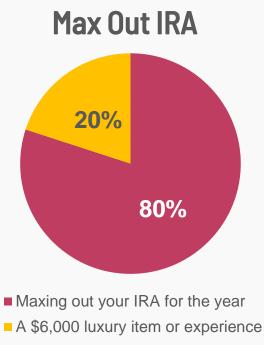
A notable majority of working women are willing to make the following shortterm sacrifices for their retirement.

Q Which would you choose?



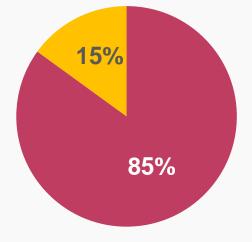


\$20,500 to achieve a short-term goal this year









- Delay Social Security to increase the amount of your benefit over time
- Take Social Security to get your money right away



Working women are willing to make short-term tradeoffs for their financial futures

The top trade-offs working women make to save for retirement are limiting purchases of luxury goods, followed by living below their means.

